The Howard Mohr Community Center, named for the late State Senator and Forest Park Mayor, is owned and operated by the Village. The Community Center provides activities for all Village residents while paying special attention to young children and seniors. Support services include a food pantry for temporary emergency relief for residents of any age based on a needs assessment. The Community Center is home base for many senior activities with day trips scheduled out of the Center every week.

**Community Center programs include:**

- Clubhouse day care program for K-6 graders
- Adult and youth job information center
- Senior Citizens Club
- Emergency assistance
- Senior door to door transportation for appt., etc.
- Monday and Thursday shopping trips for 55 and up.
- Health fair
- Senior’s driver review class
- Free tax help for seniors
- Rental of center for parties, meetings, etc.
- Discounted PACE bus fares

Join the greatest group of people in the world, The Forest Park Senior Club, & sign up for our trips!

ANTHONY CALDERONE, MAYOR

Howard Mohr Community Center
7640 Jackson Blvd.
Forest Park, IL 60130
(708) 771-7737

Director: Karen Dylewski
kdylewski@forestpark.net
SENIOR EXERCISE  
No Charge.  
Please join us for the senior exercise class.  
The class will be structured with many of the 
exercises being performed in a chair.  All 
exercises will be adaptable for those with 
varying fitness levels.  Classes are Tuesdays, 
Sept-May at 1:00 PM.

SENIORS BEWARE  
As always beware of people that suddenly 
appear at your door selling something, 
asking for directions or pretending that you 
called for repairs to your home.  If someone 
shows up unexpected talk to them through 
the door and by all means do NOT open the 
door, if they persist or you feel 
uncomfortable call 911 immediately.

GIFT CERTIFICATES  
Tired of the kids asking what you want for 
your Birthday, Mother’s Day, Father’s Day, 
Christmas etc.?  Tell them what you really 
want.......A GIFT CERTIFICATE that can be 
used toward any trip or program at the 
Community Center.  They are available in 
any amount.

ARE YOU OKAY PROGRAM  
If you live alone, please consider signing up 
for this program.  It is free to Forest Park 
residents and offered by the Forest Park 
Police Department.

SENIOR CITIZENS CLUB  
The Purpose of The Club is to provide social 
and recreational programs for Senior 
citizens, and a place to make new friends 
and enjoy good fellowship.

SENIOR DOOR TO DOOR TRANSPORTATION  
The center provides door-to-door bus 
service, by appointment, for all Forest Park 
Senior Citizen and disabled residents 
Monday through Friday, 8:30 am -2:30pm. 
Appointments must be made at least 24 
hours in advance and are limited to a 2 mile 
radius outside of Forest Park. 
Cost is $1 each way **

SHOPPING TRIPS  
FOR 55 AND UP  
For all Forest Park Senior Citizen and 
disabled residents, Appointments must 
be made at least 24 hours in advance.

Monday     8:30 AM ~ Tony’s Finer Foods & 
            North Riverside 
Wednesday  11 AM ~Jewel (River Forest)  
Thursday    8:30 AM ~Ed’s Way

**DISCOUNTED PACE BUS FARES  
Coupon books available 
10 rides for $9.50

**DISCOUNTED BLUE CAB FARES  
Coupon books available 10 rides for $7.50

SENIOR TRAVEL TRIPS  
There is so much to look forward to each 
month.  We have sensational trips planned 
to take you into each Season.  Whether you 
enjoy our always exciting Mystery Trip, the 
beauty of Mother Nature, gambling, music 
or the theater...we have it.  Space is limited, 
fees vary by trip, and Reservations are 
required.  Please call for a brochure.

SENIOR BINGO  
The fourth Thursday of each Month January 
through October, join us for Lunch at Noon, 
with Bingo to follow at 1 pm.  Reservations 
are required.  Fees vary for Lunch & Bingo 
or just Bingo.  Transportation available by 
appointment.

SENIOR MOVIE  
The second Thursday of each Month January 
through October, join us for Popcorn and a 
Movie at 1 PM.  NO Reservations are 
required.  Transportation available by 
appointment.

EMERGENCY CARDS  
If you have not filled out an emergency card 
or updated the information, please stop by 
and do so.

There are also many festivities to be had on 
Madison Street and throughout the Village!